





#### Designated Safeguarding



Joanne Fennelly. Headteacher.

#### Deputy Designated Safeguarding Leads



Rachel Rosevear. Deputy Head.



Jennifer de Board. Assistant Headteacher.



Sian Haigh. Assistant Head for Inclusion.



Natalie Richards. EYFS Lead.



Natalie Parsonson, SENDCO.



Beth Wharton. Family support Worker

Northampton Safeguarding Children's Board (NSCB) Tel: 0300 126 1000

Email: nscb@northamptonshire.gcsx.gov.uk

Dear Parents and Carers,

It has been wonderful to hear about the exciting things that have taken place during the half term holiday and, as ever, it has been lovely to be back at school and to see all children and classes fully engaged in their learning and excited about the term ahead.

Today, we welcomed Nick and Jackie from the local library who announced that we had again won the Summer Reading Challenge, with the highest number of pupils completing the reading challenge- great work everyone and thank you for your continued enjoyment of reading throughout the year! What fantastic news!

Nick and Jackie explained that they have 22,000 books covering all interests and genres and reminded the children that those books belong to the community and are there to be borrowed so please do continue to take advantage of our wonderful library.

As we move into the weekend, we will be marking Remembrance Day by joining the community to lay a SDS wreath alongside the East Hunsbury Parish Council on Sunday Nov 10th at 10:45am. Please come along and join us if you're free, at the memorial benches at Grangewood Park.

Take care and enjoy your weekend.

Mrs Fennelly

Poster of the Week This week talked about being our very best and that we are not in competition with others. We talked about how great it feels when we achieve and the pride we have in our effort.





### Remembrance Celebration

We will be marking Remembrance Day by joining the community to lay a SDS wreath alongside the East Hunsbury Parish Council on Sunday November 10th at 10:45am. Please come along and join us if you're free, at the memorial benches at Grangewood Park.









# CONGRATULATIONS!!! WE ARE THE WINNERS OF THE SUMMER READING CHALLENGE!

## Dates for your

Date	Year group	Event
11th November	Year 6 parent	Remembrance Assembly – 1 adult per student, form on ParentMail
12th November	New Reception 2025 Intake	6pm. Open evening for our <b>mainstream</b> school. Potential new parents for 2025 welcome to book a place.
14th November	Parent workshop 9am - 10am	NHS, Mental Health Support Team. Parent workshop on helping my child with fears and worries.  Booking form is available on ParentMail
16th November	Whole School	School Nursing team administering flu vaccines
30th November	Choir	Our School Choir are performing at the East Hunsbury Library Christmas fair
13th Docombon	\M/hala sahaal	Clube finish this wools

13th December Whole school Clubs finish this week

20th December Whole School Christmas Party Afternoon- wear party clothes to school. Bring a party lunchbox. No Dolce dinners today.

### Dates for your

Whole School

19th December



Colour Raffle winners drawn- see poster below

### from the Friends of Simon de Senlis

Date	Year group	Event
13th November	Whole School	Colour Disco- see poster below
9th December	Whole School	Bring a raffle prize in for your year, in your year group colour- see poster below. Raffle tickets available to buy in your parentmail shop.

### **Christmas Performances**

We are excited to have the dates for the Christmas performances. Tickets for the performances are ready to purchase at £1 per ticket in the parentmail shop. You can purchase up to three tickets per family for each performance. The church performances are for Year 5 and 6 which is limited to two tickets per family due to space. Drama club families can purchase tickets for the drama club performance as well as tickets at the performance for your child's year group.



Date	Year group	Event

11th December

12th December

13th December

16th December

Drama club Families only

Year 3

Year 4

Year 5

Year 6

Reception Year 2

Year 1

1:45pm Christmas Performance 10:00am Christmas performance

1:30pm Christmas performance

09:30am Christmas performance at St Benedicts Church 11:00am Christmas performance at St Benedicts Church

09:30am Christmas performance in school 10:00am Christmas performance in school

10:30am Christmas performance in school



Date	Year group	<b>Event</b>
17th December	Reception Year 2	1:30pm Christmas performance in school 2:00pm Christmas performance in school

Year 1 2:30pm Christmas performance in school

18th December Robinson class 2:30pm Christmas performance in school

19th December Wiggins Class 2:00pm Christmas performance in school

## School SEND Partnership Offer. Dates for your diary:

Sign up forms for these online sessions will be sent closer to the dates				
Date & Time	Subject			

Date & Time	Subject
Tuesday 3rd December, 7pm – 9pm	Supporting my child with Dyslexia

Tuesday 12th November, 7pm – 9pm An Introduction to supporting your autistic child (primary age) at home

Tuesday 26th November, 7pm – 9pm Understanding and supporting your child with Anxiety and uncertainty

Tuesday 7th January 7pm - 9pm An Introduction to supporting your autistic child (secondary age) at home

Tuesday 4th February 7pm - 9pm All about Speech & language Therapy: what we do and how we can help

Supporting children with pre-writing, handwriting development and writing interventions

Tuesday 6th March 7pm – 9pm

Tuesday 29th April 7pm - 9pm How do I support my child with Emotionally Based School Avoidance



A reminder that if your child has sickness or diarrhoea, they must remain at home for 48 hours after the last incident of illness, please contact school each day of

absence.

Thank you for your support.

### **BIKE SAFETY**

If you and your child love riding bikes, this website might be interesting for you.

Cycling with children | Brake



PARENT CODE:

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## ONLINE SAFETY FOR UNDER 5s

### Will be the stand and said and the said and

According to Ofcom's most recent research, a significant proportion of children are already online by the time they start school, with 17% of 5-year-olds owning their own mobile phone and 50% using messaging platforms. As becoming familiar with technology is generally encouraged in younger children – and has been essential for education during the pandemic – it is crucial that trusted adults recognise both the benefits and the risks of infants and toddlers using digital devices. We've compiled our top tips to help the under-5s start their online safety journey.

#### **USE DEVICES TOGETHER**

This lets you monitor and control what your child is using the device for. It also provides the interaction that supports children's understanding of what they're seeing — allowing them to ask you questions, and so on.

#### **ACTIVATE PARENTAL CONTROLS**

Most digital devices have built-in parental controls that can limit the type of content children have access to. If your little one uses any device (even borrowing yours), it's a good idea to explore what controls the device has and enable them whenever they have access to it.

#### MANAGE SCREEN TIME

This can be tricky, especially if your child is interested in a certain video, app or game. Try to agree on some ground rules and get your child into a routine which includes certain times of the day when they go without devices.

#### BLOCK IN-APP PURCHASES

If your child uses a device that's linked to a payment method (such as a bank card), use the parental controls to block buys from app stores, as well as in-app purchases. That will prevent your child from accidentally spending money while on your device.

#### CHOOSE SAFE APPS AND SITES

There are some fantastic apps and platforms that are specifically designed to be safer for children. Always check the PEGI age rating before downloading an app, and test it yourself before allowing your child to use it.

#### INVOLVE THE FAMILY

If your toddler has older siblings, it's likely that their rules for device use will be different — and that they'll access content that isn't appropriate for younger ones (a particular worry if they share devices). Encourage the whole family to be good role models and help little ones stay safe online.



### How can I find ageappropriate games?

Do you need suggestions on ageappropriate games? You could use either of the following websites to search suitable games.

Remember, PEGI rates the gameplay so whilst it is important to review age ratings, you must also check if it has a communication feature as this might mean you decide a game is not suitable for your child.

Explore these websites for advice on age appropriate games for your child:

Find the right game - Ask About Games

Family Gaming Database - Guides, Ratings and Suggestions - Family Gaming Database

### **House Dojo Scoreboard**



4,823





4,812



4,957



5,299

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY



Make a list of new things you want to do this month

Respond to a difficult situation in a different way

Get outside and observe the changes in nature around you

Sign up to join a new course, activity or online community

Change your normal routine today and notice how you feel

Try out a new way of being physically active

Be creative. Cook, draw, write, paint, make or inspire

Plan a new activity or idea you want to try out this week

When you feel you can't do something, add the word "yet"

Be curious. Learn about a new topic or an

inspiring idea

Choose a different route and see what you notice on the way

Find out something new about someone you care about

Do something playful outdoors - walk, run, explore, relax

Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if... "

Look at life through someone else's eyes and see their perspective

Try a new way to practice selfcare and be kind to yourself

Connect with someone from a different generation

Broaden your perspective: read a different paper, magazine or site

Make a meal using a recipe or ingredient you've not tried before 21 Learn a new skill from a friend or share one of yours with them

Find a new way to tell someone you appreciate them 23 Set aside a regular time to pursue an activity you love

Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

Discover your artistic side. Design a friendly greeting card 29 Enjoy new music today. Play, sing, dance or listen

Look for new reasons to be hopeful, even in tough times







### September to December 2024 What's On brochure

<u>September to December 2024 What's On brochure - Museums (northamptonmuseums.com)</u>









### Thunk of the Week

A **thunk** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



# Is the moon in the sky?





SEND Support Service | West Northamptonshire Council

#### Who we are:

Our service works with children and young people 0-19 years old and their families, school/nursery and some other adults supporting them.

We work with children/young people who have a range of additional needs and disabilities. Sometimes you'll meet us once or twice, maybe via video call, sometimes we might be involved for a bit longer.

We might be working with the child or young person, the family, the school or nursery or all together.

We might give advice and ideas that may help you at school or nursery or at home.

There are a range of ways we can work together, depending on the needs and difficulties we are told about.

### **Sports - Football**

**FA Cup** A huge congratulations to Kettering Town FC for a win against Northampton Town at the weekend. It was a trilling match that went into extra time, and they now progress to the second round in the FA cup. Try out this **Fast Feet** challenge to improve your own skills.





Looking for a new club to join?

### WOOTTON ST GEORGE



HAVE A DAUGHTER IN CURRENT YEAR 4
LOOKING TO PLAY ORGANISED FOOTBALL?
WOOTTON ST GEORGE ARE STARTING A
NEW U10 GIRLS TEAM FOR THE 2024/25
SEASON.

REGISTER YOUR INTEREST VIA THE LINK
BELOW.

HTTPS://FORM.JOTFORM.COM/24040494393 5054.

### STARTING THURSDAY 18TH APRIL 2024

18:00-19:00

WOOTTON COMMUNITY &
SPORTS CENTRE
CURTLEE HILL
NN4 6ED

WSGFCFOOTBALLCLUB@GMAIL.COM

WWW.WSGFCYOUTH.CO.UK



### CHILDREN AND FAMILIES SERVICE

### What do we offer?



- Family signing
- Junior youth club
- Senior youth club
- Youth council
- Coffee morning
- Holiday activities
- Support in meetings
- Support with education issues
- Basic counselling
- Advice and information
- Transition support
- Independence skills support







Contact: Jennie.Pauledeafconnect.org.uk 07875 140561



Company limited by guarantee No. 6423466 Registered charity No 1124196

### Simon de Senlis Primary School







### Reception Places Sept 2025

Come and visit our OUTSTANDING school to hear about our ethos and see our amazing staff and children in our engaging learning environment.

September 26th 2024 at 6:00pm | October 10th 2024 at 9:30am November 12th 2024 at 6:00pm | December 10th 2024 at 9:30am January 7th 2025 at 6:00pm

Book your place at: www.simondesenlis.org





SdSPrimary

OFSTED Report:





### **Application for Reception Places**

We're now starting the process for entry into reception at primary and infant schools, from the start of the new academic year in September 2025. The application portal is now live for parents/carers to submit their school preferences at <a href="https://www.westnorthants.gov.uk/admissions">www.westnorthants.gov.uk/admissions</a>.

Parents have until 15 January 2025 to apply, with online applicants being notified by email on the national offer day – 16 April 2025. Paper applicants will be notified by letter which will be posted out on offer day. Any application forms received by School Admissions *after* 15 January will be considered as late and won't be considered until May 2025 onwards.

Parents/guardians are encouraged to apply <u>online</u> and read the online prospectus - *Applying for a Primary School Place for 2025-26.* This provides detailed information on schools and the application process.

### **AREYOU ELIGIBLE FOR PUPIL PREMIUM?**

#### **Pupil Premium Payment 2024-2025**

As you may be aware all children in Reception, Year I and Year 2 are entitled to Universal Free School Meals under government initiatives. Are you also aware that your child could be eligible for additional support via the Pupil Premium fund that the school receives?

#### Do you or your partner receive any of the following?

- •Income Support
- •Income Based Job Seekers Allowance
- •Child Tax Credit Only (with income up to £16,190) with no element of Working Tax Credit
- •National Asylum Seekers Support
- •Guarantee Element of the State Pension Credit
- •Employment and Support Allowance (income related)
- Universal Credit (income dependant)

#### If your application is successful, you will receive:

- School uniform
- Funding to help pay for school trips
- Funding to help pay for school clubs
- Loan of forest school clothing for the year
- •Reception snack paid for if you are eligible

For an instant decision on whether you are eligible please click the link below:-

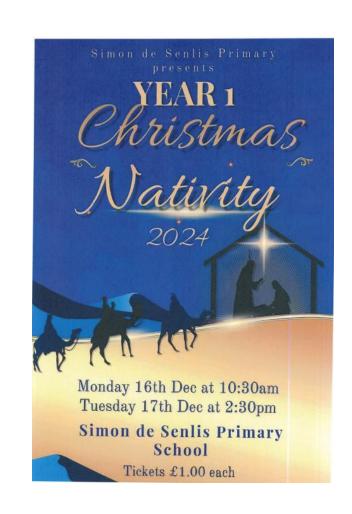
Free school meals and pupil premium | West
Northamptonshire Council (westnorthants.gov.uk)

# WEDNESDAY 13TH NOVEMBER TICKETS AVAILABLE ON PARENTMAIL - £3 EACH WEAR YOUR FAVOURITE OR BRIGHTEST COLOURS!

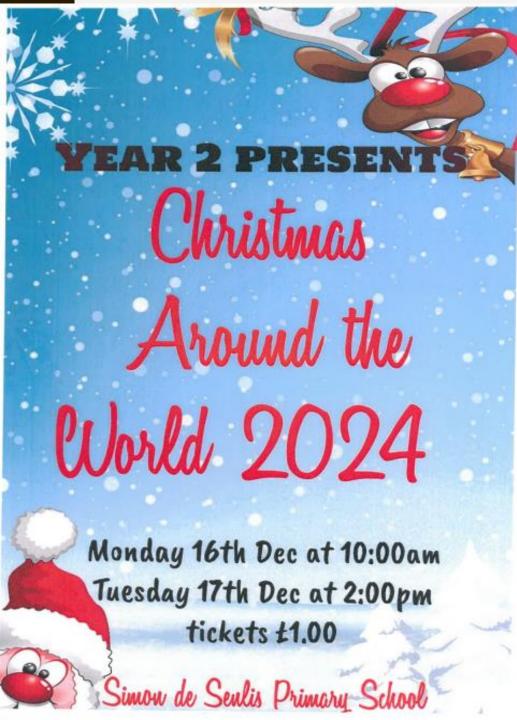






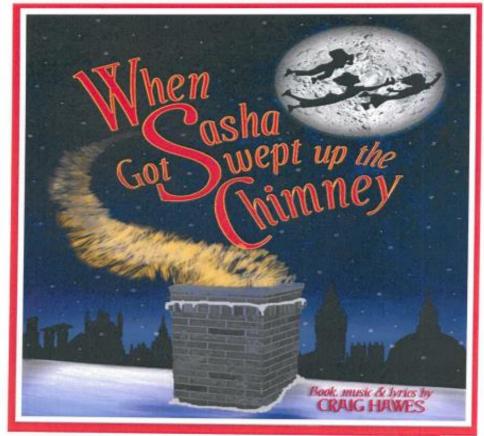








### CHRISTMAS PERFORMANCE 2024 PRESENTED BY SIMON DE SENLIS DRAMA CLUB, YEAR 3, 4, 5 & 6



Tickets £1.00

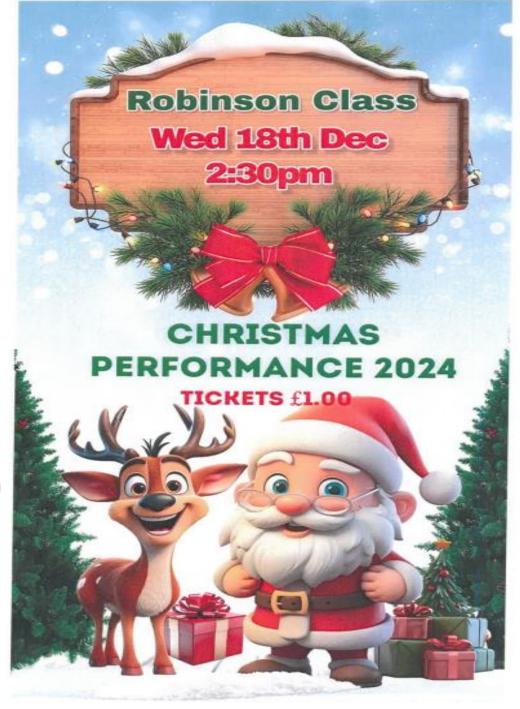
Year 3 & Drama Club at 10:00am, Thursday 12th Dec

Year 4 & Drama Club at 1:30pm, Thursday 12th Dec

Year 5 & Drama Club at 9:30am, Friday 13th Dec at St Benedicts Church

Year 6 & Drama Club at 11:00am, Friday 13th Dec at St Benedicts Church





	Food Aid / Community Larders. No referral required						
Day	Time	Location	Membership / costs				
Monday	1:30pm – 2:15pm	Roade village Hall. Bailey Brooks Lane. NN7 2LS	Access to all. £10 subscription, £5 p/w				
Monday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items				
Tuesday	2pm – 3pm & 6pm - 7pm	The Nest, Woodford Halse Primary Academy, Scrivens Hill, Woodford Halse, NNII 3SU.	Access to all. £10 subscription, £5 p/w				
Tuesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton	No referral - Turn up				

Dostiyo Community Fridge. Northampton Town Centre

Riverside Centre, Islington Road, Towcester, NN12 6AU

£5 per 8 ltems

Access to all. £10 subscription, £5 p/w

Access to all. £10 subscription, £5 p/w

No Criteria

Town Centre

Towcester Community Larder

Brixworth Community Larder

Wednesday

Wednesday

Wednesday

Ilam - Ipm

4:15pm – 6pm

4:30pm - 5:15pm

### Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Wednesday	5:30pm – 6:15pm	Moulton Community Larder	Access to all. £10 subscription, £5 p/w
Wednesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Thursday	10am – 11:30am	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN 12 6AU	Access to all. £10 subscription, £5 p/w
Thursday	Ilam - Ipm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Thursday	1pm 7pm	McCarthy Divon Food Landon @ Swan & Halmot	No referral Turn up

Ihursday 4pm - /pm McCarthy Dixon Food Larder @ Swan & Helmet. No reterral - lurn up Northampton Town Centre £5 per 8 Items McCarthy Dixon Food Larder @ Swan & Helmet. Friday 4pm - 7pmNo referral - Turn up Northampton Town Centre £5 per 8 Items Saturday 12pm - 2pm McCarthy Dixon Food Larder @ Swan & Helmet. No referral - Turn up

Sunday

Northampton Town Centre

12pm - 2pm

McCarthy Dixon Food Larder @ Swan & Helmet.

Northampton Town Centre

No referral - Turn up
£5 per 8 Items



#### NPAT Academic Calendar 24/25

Teacher Training Days Monday 2 September 2024 Tuesday 3 September 2024 Monday 4 November 2024 Monday 24 February 2025 Monday 2 June 2025

September 2024							
Mon		2	9	16	23		
Tues		3	10	17	24		
Wed		4	11	18	25		
Thu		5	12	19	26		
Fri	30	6	13	20	27		

	October 2024						
Mon	30	7	14	21	28		
Tues	1	8	15	22	29		
Wed	2	9	16	23	30		
Thu	3	10	17	24	31		
Fri	4	11	18	25			

November 2024								
Mon		4	11	18	25			
Tues		5	12	19	26			
Wed		6	13	20	27			
Thu		7	14	21	28			
Fri	1	8	15	22	29			

	December 2024							
Mon	2	9	16	23	30			
Tues	3	10	17	24	31			
Wed	4	11	18	25				
Thu	5	12	19	26				
Fri	6	13	20	27				

	January 2025								
Mon		6	13	20	27				
Tues		7	14	21	28				
Wed	1	8	15	22	29				
Thu	2	9	16	23	30				
Fri	3	10	17	24	31				

	February 2025								
Mon	3	10	17	24					
Tues	4	11	18	25					
Wed	5	12	19	26					
Thu	6	13	20	27					
Fri	7	14	21	28					

	March 2025								
Mon		3	10	17	24	31			
Tues		4	11	18	25				
Wed		5	12	19	26				
Thu		6	13	20	27				
Fri		7	14	21	28				

	April 2025									
Mon		7	14	21	28					
Tues	1	8	15	22	29					
Wed	2	9	16	23	30					
Thu	3	10	17	24						
Fri	4	11	18	25						

	May 2025								
Mon		5	12	19	26				
Tues		6	13	20	27				
Wed		7	14	21	28				
Thu	1	8	15	22	29				
Fri	2	9	16	23	30				

	June 2025							
Mon		2	9	16	23			
Tues		3	10	17	24			
Wed		4	11	18	25	Г		
Thu		5	12	19	26			
Fri		6	13	20	27			

	July 2025							
Mon	30	7	14	21	28			
Tues	1	8	15	22	29			
Wed	2	9	16	23	30			
Thu	3	10	17	24	31			
Fri	4	11	18	25				

	August 2025							
		AL	_					
Mon			4	11	18	25		
Tues			5	12	19	26		
Wed			6	13	20	27		
Thu			7	14	21	28		
Fri		1	8	15	22	29		



School Holidays Teacher Training Days
Pupil Days Bank Holidays



#### Teacher Training Days

Monday 1st September 2025 Tuesday 2nd September 2025 Monday 3rd November 2025 Monday 5th January 2026 Monday 20th July 2026\* (disaggregated)

September 2025								
Mon	1	8	15	22	29			
Tue	2	9	16	23	30			
Wed	3	10	17	24				
Thu	4	11	18	25				
Fri	5	12	19	26				

	October 2025						
Mon		6	13	20	27		
Tue		7	14	21	28		
Wed	1	8	15	22	29		
Thu	2	9	16	23	30		
Fri	3	10	17	24	31		

	November 2025							
Mon	3	10	17	24				
Tue	4	11	18	25				
Wed	5	12	19	26				
Thu	6	13	20	27				
Fri	7	14	21	28				

	December 2025							
Mon	1	8	15	22	29			
Tue	2	9	16	23	30			
Wed	3	10	17	24	31			
Thu	4	11	18	25				
Fri	5	12	19	26				

January 2026						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thu	1	8	15	22	29	
Fri	2	9	16	23	30	

	February 2026						
Mon	2	9	16	23			
Tue	3	10	17	24			
Wed	4	11	18	25			
Thu	5	12	19	26			
Fri	6	13	20	27			

	March 2026							
Mon	2	9	16	23	30			
Tue	3	10	17	24	31			
Wed	4	11	18	25				
Thu	5	12	19	26				
Fri	6	13	20	27				

April 2026						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thu	2	9	16	23	30	
Fri	3	10	17	24		

	May 2026						
Mon		4	11	18	25		
Tue		5	12	19	26		
Wed		6	13	20	27		
Thu		7	14	21	28		
П	1	8	15	22	29		

	June 2026						
Mon	1	8	15	22	29		
Tue	2	9	16	23	30		
Wed	3	10	17	24			
Thu	4	11	18	25			
Fri	5	12	19	26			

	July 2026						
Mon		6	13	20	27		
Tue		7	14	21	28		
Wed	1	8	15	22	29		
Thu	2	9	16	23	30		
Fri	3	10	17	24	31		

August 2026							
Mon	3	10	17	24	31		
Tue	4	11	18	25			
Wed	5	12	19	26			
Thu	6	13	20	27			
Fri	7	14	21	28			

### **NEWS FOR OUR CHILDREN**

8th November



Pictured: The new Artemis space suit. Source: @NASAArtemis on X.

### ESPOTLIGHT 1 NEWSPAPER 4th - 10th November

### 'Who are you wearing?'

Brand-new space suits for the Artemis 3 mission to the Moon have been revealed, and they look amazing! The Artemis 3 mission, planned for 2026, will be the first time astronauts have visited the Moon since 1972. This mission hopes to see the first woman and the first nonwhite astronaut walk on the Moon. The suits were made by US space agency, Nasa, with help from Italian fashion brand, Prada. The mostly white suits have red stripes, which is a hint of the Prada style. They come in only one size, which means they can fit everyone, and they will help astronauts stay cool and move more easily on the Moon. Special boots mean they can walk in space for up to eight

hours! Speaking about the partnership, Lorenzo Bertelli from Prada said, 'We're proud of what we've created together.'

If you could design a spacesuit, what would it look like?



Pictured: The new Artemis space suit. Source: @NASAArtemis on X.

### Feel Better, Boki!

Boki is a two-year-old brown bear, who lives at Wildwood Trust in Kent. Sadly, Boki has an illness, which causes liquid to collect in his brain. This can lead to Boki having seizures, which make him unwell. Luckily, a specialist wildlife vet surgeon has stepped in to help. performing a special surgery to help Boki feel better. Dr Romain Pizzi said, 'It was a tricky surgery, but we hope this will give Boki a happier, healthier life.' Dr Pizzi and his team worked hard to make sure the fluid could be safely drained. Boki's surgery was the



Pictured: A friendly brown bear. Source: Canva.

first of its kind ever done in the UK! Boki is now recovering, and everyone at the wildlife park is taking good care of him.

#### What impact can music have on our lives?



Music is powerful because it can cheer me up when I am sad or angry.

Sarah

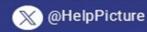
Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



### ESPOTLIGHT 2 NEWSPAPER 4th - 10th November

# Leave the Leaves

A wildlife conservation and advocacy group is encouraging Americans to 'Leave the Leaves'. It is part of a campaign to inspire people to take a break from raking and consider the importance of leaf litter for wildlife. Organisers, the National Wildlife Federation, explain, 'Songbirds, small mammals, amphibians, and reptiles all rely on the leaf layer in some way. Many beloved insect species like butterflies, moths, and fireflies use this layer as a safe spot to wait out the winter, and



Pictured: Salamander in autumn leaves. Source: Canya.



Pictured: Autumn leaves. Source: Canva.

others forage in and even eat the decomposing leaves.' The 'Leave the Leaves' campaign is all about utilising fallen leaves rather than throwing them away. The National Wildlife Federation recognises that a thick layer of leaves in gardens can damage grass, leaving lawns unsightly. Paths can also become slippery and dangerous. However, they suggest moving the leaves is the answer, as it not only benefits the wintering wildlife, but also benefits your garden! Placing them on garden beds helps suppress weeds and adds nutrients to the soil, or piling leaves in the corner of the garden will produce the most incredible compost.

Do you like to see the leaves change colour in autumn? What happens to them in your local area?

### Children's Writing Competition

The BBC's 500 Words is the largest children's writing competition in the UK, and its deadline for entries is this week! Children aged 5-11, who are currently residing in the UK, are invited to submit a story they would love to read in 500 words or less. The competition is a celebration of creativity, so spelling, punctuation and grammar are not marked. BBC's 500 Words said, 'We want children to have fun writing their stories, be as creative as they can and make us laugh, cry or just be blown away by what we are reading. Children are encouraged to write a story they would love to read themselves. Over the years there have been incredible stories submitted.'



Pictured: BBC 500. Source: BBC Bitesize on X.

In February 2025, fifty finalists will be invited to Buckingham Palace, where the bronze, silver and gold winners will have their stories read out by celebrities. Each winner will also receive a bundle of books, with those awarded gold winning an additional 500 books for their school library. The deadline for entries is Friday 8th November at 9pm, so if you haven't entered yet, it's not too late!

Do enjoy writing stories?
Would you describe yourself as creative?

#### What impact can music have on our lives?



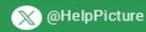
Music can impact your lives by affecting your emotions whether it is cheering you up, relaxing you or helping you feel better.

Ibrahim

Let us know what you think about this week's news



help@picture-news.co.uk



# TAKEHOME



### In the news this week

A 23-year-old British climber has become the youngest woman to summit the world's fourteen highest mountains.

Adriana Brownlee reached the 8,027m peak of Shishapangma in Tibet, at around 8am on 9th October. She is only the second Briton to complete the feat, after quitting university to begin a career in mountaineering.

#### Things to talk about at home ...

- Share your response to Adriana Brownlee's achievement. Talk about some of the challenges she will have faced and sacrifices she will have made to reach her goal.
- What goals and aspirations do you have for the future? Ask someone older at home about theirs. Have their dreams changed over time? Have they fulfilled any of them?

Please note any interesting thoughts or comments









# Whats on: Activities, Events and Sport





### SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each Book online at facefamilyadvice.co.uk

FREE SESSIONS Supporting Kids with School Anxiety Introduction to Facing Defiance	26 SEP 24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk



## AUTUMN ATHLETICS COURSE



Rugby & Northampton Athletics Club are pleased to announce a new 4-week athletics course for young athletes in

Northampton and surrounding areas. It runs from <u>Saturday September 28 th till Saturday</u> 19th October

This course will give an introduction to the track and field events – running, jumping and throwing and is suitable for all – from total novices to more seasoned athletes – no experience required – just lots of energy. The emphasis will be on fitness, skills and fun with all sessions led by qualified club coaches.

#### When

Saturday mornings 10-15 -11-30

#### Where

The sessions will take place at the Moulton College athletics track

#### Who

The sessions are open to both club and non-club athletes NO EXPERIENCE NECESSARY

#### Costs

R&N members - free

Non-club athletes – £10 per 4 week block



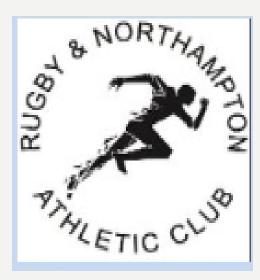
Places are limited and will be assigned on a first come, first served basis.

To register – please complete this google form

https://docs.google.com/forms/d/e/1FAIpQLSfILmuTPWQJeq-bH8kpAuUkm6QFyLE6dsbQAQBVB3fdXeRL g/viewform

If you have any further questions about the course or the club, please contact us at:

contactus@rugbyandnorthamptonac.org



# Hardingstone, Moulton, East Hunsbury and Pineham



Award winning music class for 0 - 5 year olds at Simon de Senlis Primary School.

Friday 13th September - 25th October



**Book here:** 

https://bit.ly/3rn9u

MJ

Contact Lesley at lesley@musicbugs.co.uk
Mobile: 07811 771480



# GREAT

