



Designated Safeguarding Joanne Fennelly. Headteacher. Deputy Designated Safeguarding Leads Rachel Rosevear. Deputy Head. Jennifer de Board. Assistant Headteacher. Sian Haigh. Assistant Head for Inclusion. Natalie Richards. EYFS Lead. Natalie Parsonson, SENDCO, Beth Wharton. Family support Worker Northampton Safeguarding Children's Board (NSCB) Tel: 0300 126 1000 Email: nscb@northamptonshire.gcsx.gov.uk

INTERNATIONAL ARTIST'S DAY

International Artist's Day on October 25, honors artists and all the contributions they make. The day also celebrates one of the most famous artists, Pablo Picasso who was born on October 25th, 1881.

#InternationalArtistsDay

Artists work hard to create their work. They add beauty to the world around us. Most artists work with many different mediums. Not only that, but the word artist encompasses painters, photographers, sculptors, musicians, dancers, writers, actors, digital artists, and more. When someone is born with a creative gift, that creativity flows into many different areas. For example, Picasso was a painter, sculptor, ceramicist, poet, and playwright.

Dear Parents and Carers,

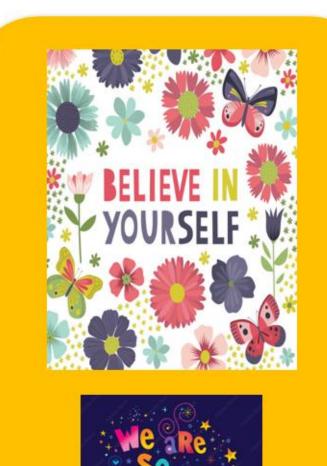
As we come to the end of our first term of the year, I wanted to share how proud I am of every child in school. Their positivity and kindness is wonderful to be around. Their enjoyment in learning, their dedication and their drive to succeed is evident every day. Their imagination and creativity is inspiring. They are all amazing! Thank you also for your continued support.

It was lovely to see everyone at the TLCs this week, hearing the positives about the term and seeing so many proud families and children around school. It has been a superb start to the year and I know that next term will continue to be another success.

Please enjoy the half term break, take care and I look forward to seeing you all on Tuesday November 5th.

Mrs Fennelly

Poster of the Week This week we celebrated the amazing achievements of everyone and continue to remember that we believe in ourselves and all we do.



Dates for your

Date	Year group	Event
Tuesday 5th November	Whole School	We welcome our children back to school
Week commencing 5th November	Whole school	Poppies, wristbands and pencils on sale for the Royal British Legion. Please bring your money into school and Year 6 will bring the items around to each class during the day.
12th November	New Reception 2025 Intake	6pm. Open evening for our mainstream school. Potential new parents for 2025 welcome to book a place.
14th November	Parent workshop 9am - 10am	NHS, Mental Health Support Team. Parent workshop on helping my child with fears and worries. Booking form is available on ParentMail
16th November	Whole School	School Nursing team administering flu vaccines
30th November	Choir	Our School Choir are performing at the East Hunsbury Library Christmas fair
13th December 20th December	Whole school Whole School	Clubs finish for this term Christmas Part Afternoon- wear party clothes to school. Bring a party lunchbox. No Dolce dinners today.





from the Friends of Simon de Senlis

Date	Year group	Event
13th November	Whole School	Colour Disco- see poster below
9th December	Whole School	Bring a raffle prize in for your year, in your year group colour- see poster below. Raffle tickets available to buy in your parentmail shop.
19th December	Whole School	Colour Raffle winners drawn- see poster below

Christmas Performances

We are excited to have the dates for the Christmas performances. Tickets for the performances are ready to purchase at £1 per ticket in the parentmail shop. You can purchase up to three tickets per family for each performance. The church performances for Year 5 and 6 are which is limited to two tickets per family due to space. Drama club families can purchase tickets at the drama club performance as well as tickets at the performance for your child's year group.

Date	Year group	Event
11th December	Drama club Families only	1:45pm Christmas Performance
12th December	Year 3 Year 4	10:00am Christmas performance 1:30pm Christmas performance
13th December	Year 5 Year 6	09:30am Christmas performance at St Benedicts Church 11:00am Christmas performance at St Benedicts Church
16th December	Reception Year 2 Year 1	09:30am Christmas performance in school 10:00am Christmas performance in school 10:30am Christmas performance in school

Date	Year group	Event
17th December	Reception Year 2 Year 1	1:30pm Christmas performance in school 2:00pm Christmas performance in school 2:30pm Christmas performance in school
18th December	Robinson class	2:30pm Christmas performance in school
19th December	Wiggins Class	2:00pm Christmas performance in school

School SEND Partnership Offer. Dates for your diary:

Sign up forms for these online sessions will be sent closer to the dates

Date & Time	Subject
Tuesday 26th November 7pm – 9pm	Supporting my child with Dyslexia
Tuesday 12th November 7pm – 9pm	An Introduction to supporting your autistic child (primary age) at home
Tuesday 26th November 7pm – 9pm	Understanding and supporting your child with Anxiety and uncertainty
Tuesday 7th January 7pm - 9pm	An Introduction to supporting your autistic child (secondary age) at home
Tuesday 4th February 7pm - 9pm	All about Speech & language Therapy: what we do and how we can help
Tuesday 6th March 7pm – 9pm	Supporting children with pre-writing, handwriting development and writing interventions
Tuesday 29th April 7pm - 9pm	How do I support my child with Emotionally Based School Avoidance



Would your child like to learn to play the Drums?

NMPAT have a vacancy for a lesson in school.

If you are interested, please email: info@simondesenlis.org Please bring your money in a named envelope and give it to your Teacher, when the items come around your Teacher will help you.

Available whilst stocks last, one item per child:

Pin on Poppies – A donation Pencils – suggested donation of £1.00 Wrist bands - suggested donation of £1.00 Poppy Key rings - suggested donation of £1.00



ROYAL BRITISH LEGION



EAST HUNSBURY REMEMBERS



We have been invited to attend this community event. It would be wonderful to see some of our school families coming together to remember and reflect.

East Hunsbury Remembers 2024

Our annual community commemoration for Remembrance, takes place this year on Sunday 10th November.

The community are invited to join us for a simple 15-minute quiet gathering.

Where: Meet beside the memorial benches in Grangewood Park – please use the pedestrian entrance off Clannell Road, opposite Tesco car park

Time: Gather for 10.45am

Activity: Laying of community wreaths by schools, uniform groups, local organisations



There will be a remembrance reading and 2-minute silence at 11am

Everyone is invited to attend.





POPPIES

Many thanks to our wonderful art club along with Mrs Butt and Mrs Danbury-Walters for painting all of these poppies for display at East Hunsbury Library and on the Barclaycard tribute too.













Harvest for Hope



Thank you for all our Harvest donations of food and toiletries. They were collected by The Hope Centre and will make such a difference to so many people.





Online Safety Update



This week, several of our younger children have been playing role-play games on the playground that involve re-enacting online games.

Rainbow Friends and Poppy Playtime are both **survival-horror** games where children have been kidnapped and are trapped in a toy factory or theme park and have to try and escape. Monsters, including a character called Huggy Wuggy, then try to prevent this happening.

As well as these games being available on gaming platforms such as Roblox and Poki, there are animated episodes of the game on youtube.

Some children are finding the characters from the games extremely frightening and the suggested age ratings for these games are 10+.

Further information on online safety, age ratings and suitability of games is available on the NSPCC site here:

How to Ensure Your Children Stay Safe While Playing Online Games | NSPCC

BIKE SAFETY If you and your child love riding bikes, this website might be interesting for you.

Cycling with children | Brake



Bonfire Night Safety

As we prepare for Bonfire Night, please take a moment to browse this website for tips on keeping safe at events. Bonfire Night Health & Safety Guide



ATTENDANCE LESSONS AND LEARNING START AT 08:45 IN OUR CLASSROOMS THANK YOU FOR ARRIVING AT SCHOOL ON TIME.

Punctuality

- Arriving 5 minutes late every day adds up to over 3 days lost each year, that's 20 lessons missed
- Arriving 15 minutes late every day adds up to approx 2 weeks absence a year, thats 55 lessons missed
- Arriving 30 minutes late every adds up to approx 19 days absence a year, thats 123 lessons missed

From 19th August 2024: A fine can be issued if a child misses periods, including lateness

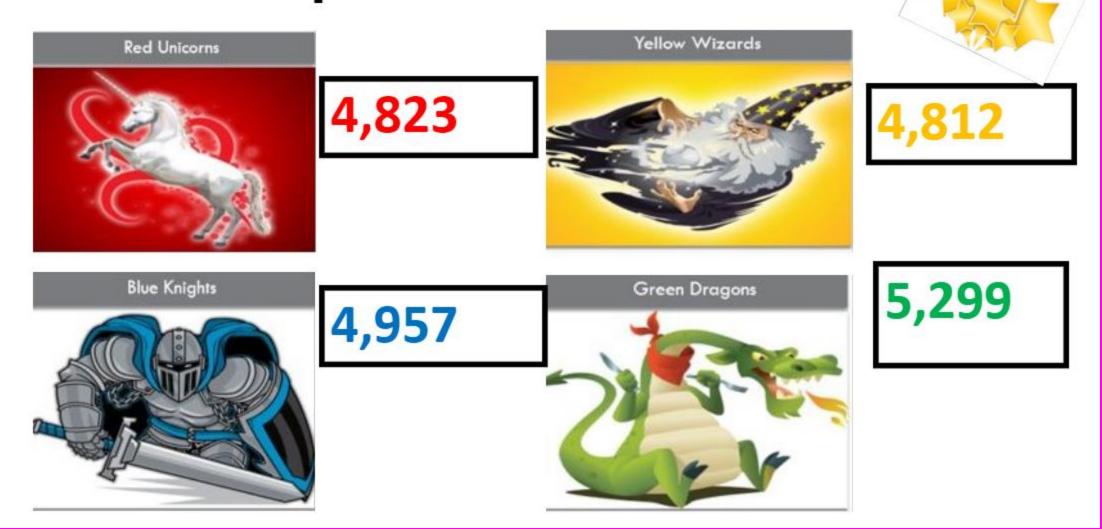




The BBC 500 word writing competition is open for entries! Go to the link below to find out more. Maybe you could be the next winner!!! 500Words(bbc.co.uk)



House Dojo Scoreboard



4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
er 202	The	1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list	⁵ Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better
Octob	7 Look for the good in people around you today	8 Make some progress on a project or task you have been avoiding	 Share an important goal with someone you trust 	10 Take time to reflect on what you have accomplished recently	11 Avoid blaming yourself or others. Find a helpful way forward	12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing
mistic	14 Do something constructive to improve a difficult situation	15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	¹⁷ Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead	19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time
Optii	21 Let go of the expectations of others and focus on what matters to you	22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?	26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time
	28 Ask yourself, will this still matter a year from now?	29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month			
ACTION	FOR HAPPINESS	Happie	8 D		7		

Year 6 application deadline for year 7 in secondary schools. Northampton 2025

Parents to apply for Secondary School places by: 5pm on 31st October 2024 @ www.northamptonshire.gov.uk

If you have any queries, please call the schools direct.

September to December 2024 What's On brochure

<u>September to December 2024 What's On brochure -</u> <u>Museums (northamptonmuseums.com)</u>









Thunk of the Week

A **thunk** is an **unusual question** that makes you **think.** A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



If elephants ruled the world, what changes would you see?



Sports - October Half Term Activity Camp

Northamptonshire Sport are running a holiday activity camp at Benham Sports Arena. Activities are themed around multiabilities and develop children's Agility, Balance and Co-ordination. There will be lots of games and fun activities for all to enjoy.





If you would like any further information about the programme, please email – activitycamps@northamptonshiresport.org _Or book - <u>https://www.northamptonshiresport.org/events/</u>

FA Cup Derby

Did you know that Northampton Town are playing rivals Kettering Town! The two clubs have only met twice in competition before and the match is to be shown live from <u>Sixfields Stadium</u> on BBC Two at 17:30 GMT on Saturday, 2 November. So, book a ticket or settle down to watch a memorable game.

Simon de Senlis Primary School







Reception Places Sept 2025

Come and visit our OUTSTANDING school to hear about our ethos and see our amazing staff and children in our engaging learning environment.

September 26th 2024 at 6:00pm | October 10th 2024 at 9:30am November 12th 2024 at 6:00pm | December 10th 2024 at 9:30am January 7th 2025 at 6:00pm Book your place at: www.simondesenlis.org



🗙 SdSPrimary

OFSTED Report:





Application for Reception Places

We're now starting the process for entry into reception at primary and infant schools, from the start of the new academic year in September 2025. The application portal is now live for parents/carers to submit their school preferences at <u>www.westnorthants.gov.uk/admissions</u>.

Parents have until 15 January 2025 to apply, with online applicants being notified by email on the national offer day – 16 April 2025. Paper applicants will be notified by letter which will be posted out on offer day. Any application forms received by School Admissions *after* 15 January will be considered as late and won't be considered until May 2025 onwards.

Parents/guardians are encouraged to apply <u>online</u> and read the online prospectus - *Applying for a Primary School Place for 2025-26.* This provides detailed information on schools and the application process.

AREYOU ELIGIBLE FOR PUPIL PREMIUM?

Pupil Premium Payment 2024-2025

As you may be aware all children in Reception, Year I and Year 2 are entitled to Universal Free School Meals under government initiatives. Are you also aware that your child could be eligible for additional support via the Pupil Premium fund that the school receives?

Do you or your partner receive any of the following?

Income Support

Income Based Job Seekers Allowance

•Child Tax Credit Only (with income up to £16,190) with no element of Working Tax Credit

•National Asylum Seekers Support

•Guarantee Element of the State Pension Credit

•Employment and Support Allowance (income related)

•Universal Credit (income dependant)

If your application is successful, you will receive:

School uniform

•Funding to help pay for school trips

- •Funding to help pay for school clubs
- •Loan of forest school clothing for the year
- •Reception snack paid for if you are eligible

For an instant decision on whether you are eligible please click the link below:-

Free school meals and pupil premium | West Northamptonshire Council (westnorthants.gov.uk)

WEDNESDAY 13TH NOVEMBER TICKETS AVAILABLE ON PARENTMAIL – £3 EACH WEAR YOUR FAVOURITE OR BRIGHTEST COLOURS!







A reminder that if your child has sickness or diarrhoea, they must remain at home for 48 hours after the last incident of illness, please contact school each day of absence. Thank you for your support.

Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Monday	1:30pm – 2:15pm	Roade village Hall. Bailey Brooks Lane. NN7 2LS	Access to all. £10 subscription, £5 p/w
Monday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Tuesday	2pm – 3pm & 6pm - 7pm	The Nest, Woodford Halse Primary Academy, Scrivens Hill, Woodford Halse, NN11 3SU.	Access to all. £10 subscription, £5 p/w
Tuesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Wednesday	llam - Ipm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Wednesday	4:15pm – 6pm	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN12 6AU	Access to all. £10 subscription, £5 p/w
Wednesday	4:30pm – 5:15pm	Brixworth Community Larder	Access to all. £10 subscription, £5 p/w

Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Wednesday	5:30pm – 6:15pm	Moulton Community Larder	Access to all. £10 subscription, £5 p/w
Wednesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Thursday	10am – 11:30am	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN12 6AU	Access to all. £10 subscription, £5 p/w
Thursday	llam - Ipm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Thursday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Friday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Saturday	I 2pm - 2pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Sunday	I 2pm - 2pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items

Pupil Days

School Holidays

Bank Holidays Teacher Training Days

NPAT Academic Calendar 24/25

Teacher Training Days Monday 2 September 2024 Tuesday 3 September 2024 Monday 4 November 2024 Monday 24 February 2025 Monday 2 June 2025

Septe	September 2024							Octo	ber 2024	1	
Mon		2	9	16	23	Mon	30	7	14	21	28
Tues		3	10	17	24	Tues	1	8	15	22	29
Wed		4	11	18	25	Wed	2	9	16	23	30
Thu		5	12	19	26	Thu	3	10	17	24	31
Fri	30	6	13	20	27	Fri	4	11	18	25	

November 2024										
Mon		4	11	18	25					
Tues		5	12	19	26					
Wed		6	13	20	27					
Thu		7	14	21	28					
Fri	1	8	15	22	29					

	December 2024								
Mon	2	9	16	23	30				
Tues	3	10	17	24	31				
Wed	4	11	18	25					
Thu	5	12	19	26					
Fri	6	13	20	27					

Mon		6	13	20	27	Mon	3	
Tues		7	14	21	28	Tues	4	
Wed	1	8	15	22	29	Wed	5	
Thu	2	9	16	23	30	Thu	6	
Fri	3	10	17	24	31	Fri	7	

_						
			Febru	ary 202	5	
27	Mon	3	10	17	24	
28	Tues	4	11	18	25	
29	Wed	5	12	19	26	
30	Thu	6	13	20	27	
31	Fri	7	14	21	28	

March 2025										
Mon	3	10	17	24	31					
Tues	4	11	18	25						
Wed	5	12	19	26						
Thu	6	13	20	27						
Fri	7	14	21	28						

	April 2025										
Mon		7	14	21	28						
Tues	1	8	15	22	29						
Wed	2	9	16	23	30						
Thu	3	10	17	24							
Fri	4	11	18	25							

		May	2025					Jun	e 2025						July 202	5				A	ugust 20	25		
Mon		5	12	19	26	N	1on	2	9	16	23	Mon	30	7	14	21	28	Mon			4	11	18	25
Tues		6	13	20	27	Т	ues	3	10	17	24	Tues	1	8	15	22	29	Tues	1		5	12	19	26
Wed		7	14	21	28	v	Ved	4	11	18	25	Wed	2	9	16	23	30	Wed	1		6	13	20	27
Thu	1	8	15	22	29	Т	hu	5	12	19	26	Thu	3	10	17	24	31	Thu			7	14	21	28
Fri	2	9	16	23	30	F	ri	6	13	20	27	Fri	4	11	18	25		Fri		1	8	15	22	29

School Holidays	Teacher Training Days	
Pupil Days	Bank Holidays	



NPAT Academic Calendar 25/26

Teacher Training Days

Monday 1st September 2025 Tuesday 2nd September 2025 Monday 3rd November 2025 Monday 5th January 2026 Monday 20th July 2026* (disaggregated)

	September 2025										
Mon	1	8	15	22	29						
Tue	2	9	16	23	30						
Wed	3	10	17	24							
Thu	4	11	18	25							
Fri	5	12	19	26							

	October 2025										
Mon		6	13	20	27						
Tue		7	14	21	28						
Wed	1	8	15	22	29						
Thu	2	9	16	23	30						
Fri	3	10	17	24	31						

	November 2025										
Mon	3	10	17	24							
Tue	4	11	18	25							
Wed	5	12	19	26							
Thu	6	13	20	27							
Fri	7	14	21	28							

December 2025										
Mon	1	8	15	22	29					
Tue	2	9	16	23	30					
Wed	3	10	17	24	31					
Thu	4	11	18	25						
Fri	5	12	19	26						

	January 2026										
Mon		5	12	19	26						
Tue		6	13	20	27						
Wed		7	14	21	28						
Thu	1	8	15	22	29						
Fri	2	9	16	23	30						

	May 2026										
Mon		4	11	18	25						
Tue		5	12	19	26						
Wed		6	13	20	27						
Thu		7	14	21	28						
	1	8	15	22	29						

	February 2026										
Mon	2	9	16	23							
Tue	3	10	17	24							
Wed	4	11		25							
Thu	5	12	19	26							
Fri	6	13	20	27							

June 2026						
Mon	1	8	15	22	29	
Tue	2	9	16	23	30	
Wed	3	10	17	24		
Thu	4	11	18	25		
Fri	5	12	19	26		

	March 2026					
Mon	2	9	16	23	30	
Tue	3	10	17	24	31	
Wed	4	11	18	25		
Thu	5	12	19	26		
Fri	6	13	20	27		

July 2026					
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

	April 2026					
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thu	2	9	16	23	30	
Fri	3	10	17	24		

August 2026					
Mon	3	10	17	24	31
Tue	4	11	18	25	
Wed	5	12	19	26	
Thu	6	13	20	27	
Fri	7	14	21	28	

School SEND Partnership Offer. Dates for your diary:

Sign up forms for these online sessions will be sent closer to the dates

Supporting my child with Dyslexia: Tuesday 26th November 7pm – 9pm

Understanding and supporting your child with Anxiety and uncertainty -Tuesday 26th November 7pm – 9pm

NEWS FOR OUR Children

25th October

SPOTLIGHT NEWSPAPER 21st - 27th Detober Bring Back Our Beach!

People are being asked to return pebbles to Saundersfoot Beach in Wales to help protect homes and stop the beach from being washed away. The pebbles play a very important role in stopping coastal erosion, which happens when waves and water slowly wear away the land. Councillor Chris Williams explained, 'The pebbles help protect the beach and nearby homes. Without them, we're at risk.' Many visitors have been taking the pebbles home as souvenirs or to paint and decorate, but experts warn this could harm the beach in the long run. The Pembrokeshire Coast National Park Authority said, 'Even

though taking one pebble seems small, it can make a big difference over time.' Some people didn't realise taking pebbles could cause problems. One visitor said, 'We took a few to decorate at home but didn't know it could affect the beach.' Chris Williams hopes people will return the stones they've taken. 'In an ideal world, we'd love for the pebbles to be returned,' he added.



Pictured: Pebbles on the beach. Source: Canva.

Super Sighing!

Did you know that breathing can help you feel better? There's a special breathing exercise called 'cyclic sighing' that can help lift your mood and lower anxiety. It's very easy to do! First, breathe in through your nose, filling your lungs, and then slowly let the air out through your mouth. Doctors say this simple exercise can make a big difference when you feel worried or stressed. Dr Emma White says, 'Taking deep breaths and letting them out slowly helps your body relax and feel calmer.' You can try



Pictured: Student practising their 'cyclic sighing'. Source: Canva.

it anytime you feel nervous or just want to feel peaceful. Even just a few breaths can help! The next time you're feeling upset or anxious, remember to practise your super sighing and see how it helps. A deep breath can be the first step to feeling much better.

How important are human interactions?



I love seeing my friends at school and we also spend time together online. I think both ways of interacting are important. **Milo**

Let us know what you think about this week's news

🖵 picture-news.co.uk/discuss



@HelpPicture

I think human interactions are

🖂 help@picture-news.co.uk

Pictured: Searching for treasure using a map and clues. Source: Canva.

statue made of 3kg of gold and 7kg of silver, with diamonds on the face. reported to be worth £125,000! Have you ever been on a treasure hunt?

Would like to take part in one like this?

exchanged for the real golden owl - a

first published in 1993, and find an

additional, secret twelfth clue. The

answers revealed a location, where hunters had to find the golden owl

token. This, in turn, could then be

Cracking the

eleven riddles written in the book,

Clues!

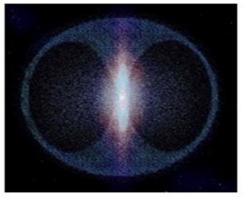
A French treasure hunt has come to an longest treasure hunt' is finally to solve the riddles laid out by author, de la Chouette d'Or'! Michel Becker. who illustrated the original Chouette d'Or book (meaning 'golden owl'), posted on the hunt's official chatline. 'We confirm that the replica of the golden owl was dug up last night, and that simultaneously a solution has been sent on the online verification system. It is therefore now pointless travelling to dig at any place you believe the cache might be situated.' Treasure hunters needed to solve

end with the discovery of a Golden Owl! It has been announced that the 'world's complete. For 31 years, puzzle solvers from around the globe have been trying Regis Hauser, in the book, 'Sur la Trace

SPOTLICHT 2 Burning

Brightly The amazing A3 comet will be seen month! The Royal Greenwich

burning brightly across the sky this Observatory are calling it 'the most impressive comet of the year!' Comet C/2023 A3 (Tsuchinshan-ATLAS) is predicted to be so bright, it will be visible to the naked eye. The best way to spot the A3 comet in the northern hemisphere is to look west just after



Pictured: Image showing the Oort Cloud. Source: NASA Explore The Universe on Facebook.

Let us know what you think about this week's news



NEWSPAPER

21st - 27th

October

Pictured: Comet C/2023 A3 (Tsuchinshan-ATLAS) taken from the International Space Station. Source: Don Pettit @astro_Pettit on X.

sunset, before 30th October. Longperiod comets, like this one, take many hundreds of years to orbit the sun. This comet could last be seen from Earth around 80,000 years ago. Long-period comets (the brightest and most active) come from the Oort Cloud. The Oort Cloud is described by NASA as a 'big, thick-walled bubble made of icy pieces of space debris the size of mountains and sometimes larger.'

Do you like to gaze at the night sky?

Do you enjoy learning about comets in space?

How important are human interactions?



picture-news.co.uk/discuss

very important, adults are at work for a very long time. We all need people to talk to. Nadia



What impact can music have on our lives?

In the news this week

Following a ten-year campaign, music exam boards have announced they will now be including Sikh sacred music, also known as Kirtan, on their syllabus. It will be examined alongside violin and percussion instruments. The campaign to get the music recognised was led by Dr Harjinder Lallie, the co-director of Birmingham-based Gurmat Sangeet Academy.

Things to talk about at home ...

- Have you ever learnt to play a musical instrument? Would you like to?
- What type of music do you like listening to? Ask others at home what they like to listen to. Is it the same as or different from what you like?
- Can you think of times when we listen to music or make music with others?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



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Whats on: Activities, Events and Sport

This Halloween

St Benedict's church is offering a safe alternative to 'Trick or Treat'

Thursday 31st October 4:00 – 5:30pm Briar Hill Community Centre

For all primary school aged children. All Children must be accompanied by an adult. Come for just 10 minutes or the whole time. Plenty of activities and treats.

Benedict's Church

NORTHAMPTON

Fancy dress

welcome.



8



MAYCH



SECURE YOUR PLACE

EVERYDAY 8AM - 4PM

FOR HALF TERM

CALLING ALL



INDOOR FOOTBALL LEISURE FACILITY 0 Kingsfield Business Park, Northampton **OPEN 7 DAYS A WEEK** 08:00AM - 10:00PM

tod.

MAKE A BOOKING soccershack.co.uk

2024

WHERE COMES ALIVE.





WHAT DO WE OFFER? Our Holiday Clubs are packed with action and excitement! Throughout the day, we hast thrilling competitions using our state-of-the-art Xperience Rooms and Pitches.

QUALITY FACILITIES

Enjoy our two full-sized pitches all day, complete with box goals for an elevated experience! Plus, you'll have access to all our Xperience rooms, making your day even more thrilling.





Learn & Improve: Each day, children will have the opportunity to earn certificates for achievements like; Player of the Day, Goal of the Day, Tackle of the Day, and so much more!

We provide a delicious lunch that includes a drink, sandwiches, crisps, and a chocolate bar. You'll also enjoy a piece of fruit, a yagurt, and a choice of drink to round out the meal.

SECURE YOUR PLACE TODAY FOR THIS HALF TERM SOCCERSHACK.CO.UK T: 01604 969329

Kingsfield Business Park, Gladstone Rd, Northampton NN5 7PP



CENTRAL BOULEVARD, RUSHDEN LAKES, NN10 6FH





SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each Book online at facefamilyadvice.co.uk

26 SEP 24 OCT
23 SEP
24 SEP
7 OCT
8 OCT
15 OCT
17 OCT
21 OCT
22 OCT
28 OCT
29 OCT
31 OCT
4 NOV
5 NOV



facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

AUTUMN ATHLETICS

<u>COURSE</u>



Rugby & Northampton Athletics Club are pleased to announce a new 4-week athletics course for young athletes in

Northampton and surrounding areas. It runs from <u>Saturday September 28 th</u> till Saturday <u>19th October</u>

This course will give an introduction to the track and field events – running, jumping and throwing and is suitable for all – from total novices to more seasoned athletes – no experience required – just lots of energy. The emphasis will be on fitness, skills and fun with all sessions led by qualified club coaches.

When

Saturday mornings 10-15 -11-30

Where

The sessions will take place at the Moulton College athletics track

<u>Who</u>

The sessions are open to both club and non- club athletes NO EXPERIENCE NECESSARY

Costs

R&N members – free

Non-club athletes - £10 per 4 week block

Ages – MINIMUM AGE is Yr 3 at school (aged 7+) – MAXIMUM is Yr 9 at school

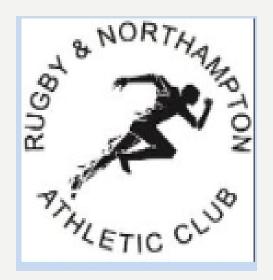
Places are limited and will be assigned on a first come, first served basis.

To register – please complete this google form

https://docs.google.com/forms/d/e/1FAIpQLSfiLmuTPWQJeqbH8kpAuUkm6QFyLE6dsbQAQBVB3fdXeRL_g/viewform

If you have any further questions about the course or the club, please contact us at:

contactus@rugbyandnorthamptonac.org





Share your support on socials! #MoveForMentalHealth





Wellbeing Walk

Join us in raising awareness and help fundraise for Northampton Saints Foundation who support people aged 4-104 who are affected with mental health issues, by taking part in our community walking event at Irchester Country Park.

Challenge yourself to a 5k or 10k walk or run to help raise funds for a fantastic cause, you can take part as an individual or a group to raise money for charity alongside family and friends. If you would like to sign up to our charity Wellbeing Walk, please email your interest to imogen.martin@northamptonsaintsfoundation.org to register today!

ENTRY COSTS

Individuals £5 (Aim to raise £50 sponsorship) Groups £10 (Aim to raise £100 sponsorship)* *Maximum of 4 people, 2 Adults and 2 Children





northamptonsaintsfoundation.org

Register of charities number: 1176345

Hardingstone, Moulton, East Hunsbury and Pineham

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Award winning music class for 0 – 5 year olds at Simon de Senlis Primary School.

10am - 10.40am Friday 13th September - 25th October



Book here: https://bit.ly/3rn9u MJ

Contact Lesley at lesley@musicbugs.co.uk Mobile: 07811 771480



Have a great weekend

