



Roald Dahl Story Day

Designated Safeguarding Lead

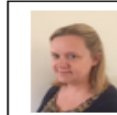


Joanne Fennelly.
Headteacher.

Deputy Designated Safeguarding Leads



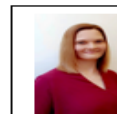
Rachel Rosevear. Deputy Head.



Jennifer de Board.
Assistant Headteacher.



Sian Haigh. Assistant Head for
Inclusion.



Natalie Richards. EYFS Lead.



Natalie Parsonson. SENDCO.



Roald Dahl invented more than 500 new words and character names

Roald Dahl was incredibly creative and came up with more than 500 new words and character names. Such as the Oompa-Loompas and scumdiddlyumptious from Charlie and the Chocolate Factory, and snozzcumpers and frobscottle from the BFG.

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He called his language **Gobblefunk**, and loved to play around with words and invent new ones or meanings.

Oxford University Press even created a special Roald Dahl Dictionary, featuring almost 8,000 real and imaginary words which he loved to use.

**THIS SCHOOL IS
NUT FREE**



THANK YOU
for keeping our school safe!



**Please, No Nuts nor
chocolate or nut spreads.**

**We have children with
Nut allergies in our
school**

Simon de Senlis Primary Weekly Update – 13th September 2024

Dear Parents and Carers,

It has been another great week and everyone has succeeded across school; in classrooms and on the playground.

One area that we pride ourselves on are the leadership opportunities for children across the classes. Leaders in classes mean that children experience the important event of a democratic vote and the ability to be heard. Being a leader in school develops so many skills and I would encourage everyone to have a go. Confidence, cooperation, collaboration, speech and vocabulary all increase as the leaders develop their skills within their meetings along with during feedback to their class.

Last year, our leaders had such a positive impact across the school, from the playground to the library to the classrooms and I know they will continue to do so this year. Please see the information about how your child will apply for a leadership role on the following slides. I can't wait to see who are teams will be this year and support them on their leadership journey.

I hope you have a lovely weekend and I look forward to seeing you on Monday.

Mrs Fennelly

Weekly Poster

This week we talked about our aspirations and hopes for the year. We know that achieving the goal will take time and that each small step will help us to achieve our aims.



YOU CAN DO IT



SCOOTERS AND BIKES MUST BE PUSHED WITHIN THE SCHOOL GROUNDS AND NOT RIDEN. PLEASE SECURE THESE IN THE RACKS PROVIDED IN THE PLAYGROUND..

Think of the Week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.

What would happen to our world if all the flowers disappeared?





**Have you completed your
Summer Reading Challenge yet?
Don't worry if not, as you have
until September 20th to visit the
library and read 6 books.
You can do it!!!**





THE
READING
AGENCY

Summer Reading Challenge

**Marvellous
Makers**



The Summer Reading Challenge!
Let's be the winners for the fourth year running!!



Take part and finish the challenge and we'll hope to get the trophy again!!!

10 dojos for each child that finishes the challenge!

Class Leadership Roles

School Council

Eco
Ambassadors

Reading
Ambassadors

Maths
Ambassadors

Outdoor
Learning leads

Wellbeing
Champions

Play Leaders

Class Leadership Roles- How to apply

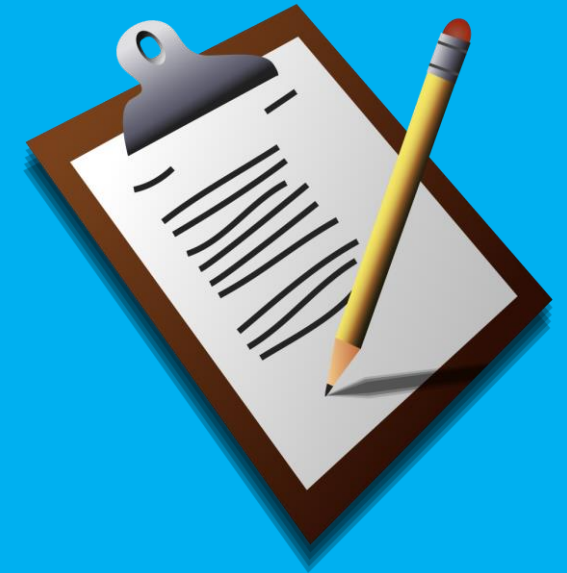


Share with your class the reasons why you should be chosen for the role.

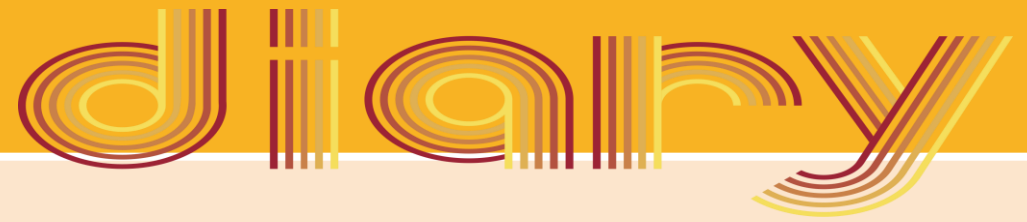
You could make a poster, powerpoint or letter to explain your reasons.

Bring this into school by Monday September 23rd.

During the week, presentations and voting will take place.



Dates for your



Date	Year group	Event
16th September	Year 4	Year 4 Multiplication Check Parents Meeting 2:40pm
23rd September	Year 4	Year 4 Multiplication Check Parents Meeting 08:50am
16th September	Year 4	Year 4 Residential Parents Meeting Invitation at 3:20pm
18th September	Years 1 – 6 Parents Robinson & Wiggins	Meet the Teacher Evening 5:30pm- Presentation from Mrs Fennelly to the whole school 6:00-6:30pm- Year groups presentation 1 6:30-7:00pm- Year group presentation repeated
26th September	New Parents for 2025	Mainstream, Reception 2025 intake Open Evening
3rd October	Whole School	Individual photos. Siblings from 8:00am
16th October	Year 3	Harvest Assembly – Year 3 Parents welcome
18th October	Whole School	Short Reports home
22nd & 24th October	Whole School	Parents Evening (TLCs) Booking system coming soon
13th December	Whole school	Clubs finish for this term

Simon de Senlis Primary School



Reception Places Sept 2025

Come and visit our OUTSTANDING school to hear about our ethos and see our amazing staff and children in our engaging learning environment.

September 26th 2024 at 6:00pm | October 10th 2024 at 9:30am
November 12th 2024 at 6:00pm | December 10th 2024 at 9:30am
January 7th 2025 at 6:00pm

Book your place at: www.simondesenlis.org



OFSTED Report:





If you, or any of your emergency contacts, have changed phone number - personal or work, email address or have moved house please email: info@simondesenlis.org to let us know.

ARE YOU ELIGIBLE FOR PUPIL PREMIUM

Pupil Premium Payment 2024-2025

As you may be aware all children are entitled to free school meals whilst they are in reception class, year 1 and year 2 under government initiatives. Are you also aware that your child could be eligible for additional support via the Pupil Premium fund that the school receives?

If your application is successful, you will receive:

- School uniform voucher for the year.
- Funding to help pay for school trips.
- Funding to help pay for school clubs.
- Loan of forest school clothing for the year.
- Reception snack paid for – if applicable.

Do you or your partner receive any of the following?

- Income Support.
- Income Based Job Seekers Allowance.
- Child Tax Credit Only (with income up to £16,190) **with no element of Working Tax Credit.**
- National Asylum Seekers Support.
- Guarantee Element of the State Pension Credit.
- Employment and Support Allowance (income related).
- Universal Credit (income dependant).

To check your eligibility please follow the link below and select 'Apply for the Pupil premium' Alternatively collect a form from the office and we can complete the application on your behalf.

<https://www.northamptonshire.gov.uk/councilservices/children-families-education/schools-and-education/Pages/pupil-premium.aspx>

To ensure you enjoy pictures of your Child during a trip or residential or just embracing their school day please ensure we have all consents.

To update your consents please email info@simondesenlis.org





WANTED

PRE-LOVED UNIFORM



Please drop off at the school office by 4 October.

The next pre-loved uniform sale will be on 11 October.

All proceeds go to Friends of Simon de Senlis to support the school.

Sports - Rugby

Have you been watching the Womens England Rugby team on TV?

The Red Roses played France Women and were victorious with a 38 –19 win. They displayed amazing teamwork, determination and skillful passing. Their next match is on Saturday against New Zealand Women, so I will be watching eagerly to be inspired by their expertise and ingenuity.

<https://www.englandrugby.com/>

This term Year 6 girls are very lucky to be working with the Saints Rugby coaching team to develop their skills and confidence. Over the next few weeks they will be improving their co-ordination, passing, defending skills and building confidence.

Enjoy, and stay active – Miss Bland



The Saints Foundation uses the power of sport to inspire and educate young people. On Sunday 27 October the Foundation is running an event to raise awareness of mental health. Come along to the Wellbeing walk and help raise funds for the foundation and challenge yourself to a walk or run at Irchester Country Park.(see the poster for more details)

Year 6 Transition information for the Secondary Schools in Northampton 2024

**The information on the next slides is for pupils due to start
secondary school in September 2025.**

If you have any queries, please call the schools direct.

Parents to apply for Secondary School places by:

5pm on 31st October 2024

@ www.northamptonshire.gov.uk

NOTE - This information is for pupils due to start secondary school in September 2025
If you have any queries, please call the schools direct. Parents to apply for Secondary School places by 5pm on 31st October 2024 @ www.northamptonshire.gov.uk



Year 6 Transition information for the Secondary Schools in Northampton 2024

Name of School	Open Evening Date 2024
Abbeyfield School 01604 763616	Thursday 10th October 2024 5pm – 7pm, parents do not need to book.
Billing Brook School 01604 773910	TBC
Kingsthorpe College 01604 716106	Wednesday 25th September 2024 Headteacher Talks at 5.30pm & 6.15pm. Further information available on website www.kingsthorpecollege.org.uk
Malcolm Arnold Academy 01604 778000	Thursday, 26th September 2024 6.00pm – 7.00pm – Please check their website to confirm nearer the time - www.malcolmarnoldacademy.co.uk
Northampton Academy	Wednesday 2nd October 2024 5.30pm – 8.00pm. Principal's Presentations at 5.30 pm and 6.30 pm • Tours from 6.00 pm. Booking required - https://www.northampton-academy.org/openevenings
Northampton International Academy (NIA) 01604 212811	Thursday 26th September 4.30-6.30pm



Northampton School (new)

Presentation Evenings:

Monday 23rd September 2024 6:00pm to 7:00pm

Monday 23rd September 2024 7:30pm to 8:30pm

Wednesday 25th September 2024 6:00pm to 7:00pm

Wednesday 25th September 2024 7:30pm to 8:30pm

Parents/Carers will be able to book a place at a Presentation Evening via Ticketsource

Open Morning Tours:

Monday 30th September 2024 - 9:00am and 9:45am

Tuesday 1st October 2024 - 9:00am and 9:45am

Wednesday 2nd October 2024 - 9:00am and 9:45am

Thursday 3rd October 2024 - 9:00am and 9:45am

Parents/Carers will be able to book a place at the Presentation Mornings via Ticketsource in September.

Northampton School for Boys
01604 230240

Presentation Evenings:

Monday 16th September 2024 - 6:00pm to 7:00pm

Monday 16th September 2024 - 7:30pm to 8:30pm

Wednesday 18th September 2024 - 6:00pm to 7:00pm

Wednesday 18th September 2024 - 7:30pm to 8:30pm

Parents/Carers will be able to book a place at a Presentation Evening via Ticketsource

Open Morning Tours:

Monday 23rd September 2024 - 9:00am and 9:45am

Tuesday 24th September 2024 - 9:00am and 9:45am

Wednesday 25th September 2024 - 9:00am and 9:45am

Thursday 26th September 2024 - 9:00am and 9:45am

Parents/Carers will be able to book a place on the Open Morning Tours via Eventbrite



NOTE - This information is for pupils due to start secondary school in September 2025
If you have any queries, please call the schools direct. Parents to apply for Secondary School places by 5pm on 31st October 2024 @ www.northamptonshire.gov.uk



Northampton School for Girls 01604 679540	Monday 7th and Tuesday 8th October Open day tours on the following Wednesday, Thursday and Friday.
The Duston School 01604 460004	TDS' open week takes place during the week commencing 23/9 and will run twice a day, every day, in the school day. Parents will be invited to attend via Eventbrite: https://buytickets.at/thedustonschool/1315850 , details on the website – www.thedustonschool.org
Northgate School Arts College 01604 714098	Wednesday 18th September 2024 Parents need to phone in and book either 6pm or 7pm slot (01604 714098)
The Northampton Academy 01604 210017	Wednesday 2nd October 2024 Principal's Presentations at 5.30 pm and 6.30 pm • Tours from 6.00 pm Book via - https://www.northampton-academy.org/openevenings
Thomas Becket Catholic School - 01604 493211	Thursday 19th September 2024 Head teacher talks at 5.30pm and 6.30pm. Although booking isn't essential it will help us plan the evening and bookings can be made at - https://www.trybooking.com/uk/events/landing/63394
Weston Favell Academy 01604 402121	Thursday 3rd October 2024 Please email Mr Patel (transition lead) on npatel@westonfavellacademy.org if you require any further information.
Wootton Park School 01604 931139	<ul style="list-style-type: none"> • 25th September 2024 5pm – 7pm • 17th October 2024 5pm – 7pm book: https://www.schoolinterviews.co.uk/code/s9333



<p>Campion 01604 833900</p>	<p>We will be holding 5 Morning tours on the dates below 26th September 2024 / 3rd October 2024 / 10th October 2024 /17th October 2024 24th October 2024 All tours start at 9.00am and will be finished between 10.30am and 11.00am Parents will need to book via the school website</p>
<p>Caroline Chisholm 01604 669200</p>	<p>Thursday 26th September 5pm – 8pm. Tickets are via Eventbrite: https://www.eventbrite.co.uk/e/year-7-september-2025-open-evening-tickets-995283629127?aff=oddtcreator</p>
<p>Elizabeth Woodvale 01604 861184</p>	<p>Thursday 10th October 2024 - South Site, Deanshanger - 5.30pm Thursday 3rd October 2024 - North Site, Roade Booking is required. Please contact either site for the booking link.</p>
<p>Guilsborough Academy 01604 740641</p>	<p>Thursday 3rd October 2024 Please book tickets via https://www.guilsborough.northants.sch.uk/</p>
<p>Moulton School 01604 641600</p>	<p>Thursday 3rd October and Thursday 10th October 2024. https://www.moultonschool.co.uk/</p>



PARENTS/CARERS:

Please keep re-checking the secondary school websites to ensure your information is up-to-date.

Self-Care September 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Find time for self-care. It's not selfish, it's essential

2 Notice the things you do well, however small

3 Let go of self-criticism and speak to yourself kindly

4 Plan a fun or relaxing activity and make time for it

5 Forgive yourself when things go wrong. Everyone makes mistakes

6 Focus on the basics: eat well, exercise and go to bed on time

7 Give yourself permission to say 'no'

8 Be willing to share how you feel and ask for help when needed

9 Aim to be good enough, rather than perfect

10 When you find things hard, remember it's ok not to be ok

11 Make time to do something you really enjoy

12 Get active outside and give your mind and body a natural boost

13 Be as kind to yourself as you would to a loved one

14 If you're busy, allow yourself to pause and take a break

15 Find a caring, calming phrase to use when you feel low

16 Leave positive messages for yourself to see regularly

17 No plans day. Make time to slow down and be kind to yourself

18 Ask a trusted friend to tell you what strengths they see in you

19 Notice what you are feeling, without any judgement

20 Enjoy photos from a time with happy memories

21 Don't compare how you feel inside to how others appear outside

22 Take your time. Make space to just breathe and be still

23 Let go of other people's expectations of you

24 Accept yourself and remember that you are worthy of love

25 Avoid saying 'I should' and make time to do nothing

26 Find a new way to use one of your strengths or talents

27 Free up time by cancelling any unnecessary plans

28 Choose to see your mistakes as steps to help you learn

29 Write down three things you appreciate about yourself

30 Remind yourself that you are enough, just as you are



Upcoming Talks

Join us at our next online event, or explore our past Talks library below with experts from across the field of wellbeing.

ACTION FOR HAPPINESS

Upcoming Talks

Join us at our next online event, or explore our past Talks library below with experts from across the field of wellbeing.



DR EMMA SEPPÄLÄ

Inner Freedom

Tue 24
September
19:00-20:00

Optional
Donation

ONLINE EVENT



DAVID ROBSON

Mindset & Relationships

Tue 15 October
19:00-20:00

Optional
Donation

ONLINE EVENT

If you're interested in joining some online talks for adults from Action for Happiness, please take a look at the link below-

[Talks | Action for Happiness](#)

UP NEXT

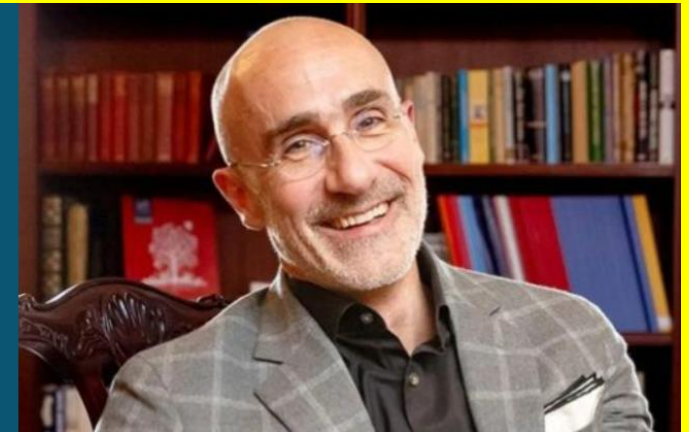
Build a Happier Life

With Prof. Arthur Brooks

Tue 10 September

Optional Donation

ONLINE EVENT



SEND Local Offer

If you have a child with SEND, take a look at the SEND Local Offer from West Northants Council. There are many support teams and offers available.

[Local Offer | West Northamptonshire Council \(westnorthants.gov.uk\)](https://www.westnorthants.gov.uk)



About the Local Offer

What to expect on the Local Offer and how it can help you to find the information you need



Information for parents

Parents explained what had helped them and hope that their experiences and knowledge will help other parents



Information for young people (Easy Read)

Preparing for the future is important. As children grow up, there are new things to think about and prepare for



Activities and leisure - Local Offer



Disabled Children's Register



Early years - Local Offer



As the weather starts to change don't forget how important it is to have time outside exploring and playing.



Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Monday	1:30pm – 2:15pm	Roade village Hall. Bailey Brooks Lane. NN7 2LS	Access to all. £10 subscription, £5 p/w
Monday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Tuesday	2pm – 3pm & 6pm - 7pm	The Nest, Woodford Halse Primary Academy, Scrivens Hill, Woodford Halse, NN11 3SU.	Access to all. £10 subscription, £5 p/w
Tuesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Wednesday	11am - 1pm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Wednesday	4:15pm – 6pm	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN12 6AU	Access to all. £10 subscription, £5 p/w
Wednesday	4:30pm – 5:15pm	Brixworth Community Larder	Access to all. £10 subscription, £5 p/w

Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Wednesday	5:30pm – 6:15pm	Moulton Community Larder	Access to all. £10 subscription, £5 p/w
Wednesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Thursday	10am – 11:30am	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN12 6AU	Access to all. £10 subscription, £5 p/w
Thursday	11am - 1pm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Thursday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Friday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Saturday	12pm - 2pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Sunday	12pm - 2pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items



Key

School Holidays		Teacher Training Days	
Pupil Days		Bank Holidays	



NPAT Academic Calendar 25/26

Teacher Training Days

Monday 1st September 2025
 Tuesday 2nd September 2025
 Monday 3rd November 2025
 Monday 5th January 2026
 Monday 20th July 2026*
 (disaggregated)

September 2025					
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	
Thu	4	11	18	25	
Fri	5	12	19	26	

October 2025					
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

November 2025					
Mon	3	10	17	24	
Tue	4	11	18	25	
Wed	5	12	19	26	
Thu	6	13	20	27	
Fri	7	14	21	28	

December 2025					
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	

January 2026					
Mon		5	12	19	26
Tue		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	30

February 2026					
Mon	2	9	16	23	
Tue	3	10	17	24	
Wed	4	11	18	25	
Thu	5	12	19	26	
Fri	6	13	20	27	

March 2026					
Mon	2	9	16	23	30
Tue	3	10	17	24	31
Wed	4	11	18	25	
Thu	5	12	19	26	
Fri	6	13	20	27	

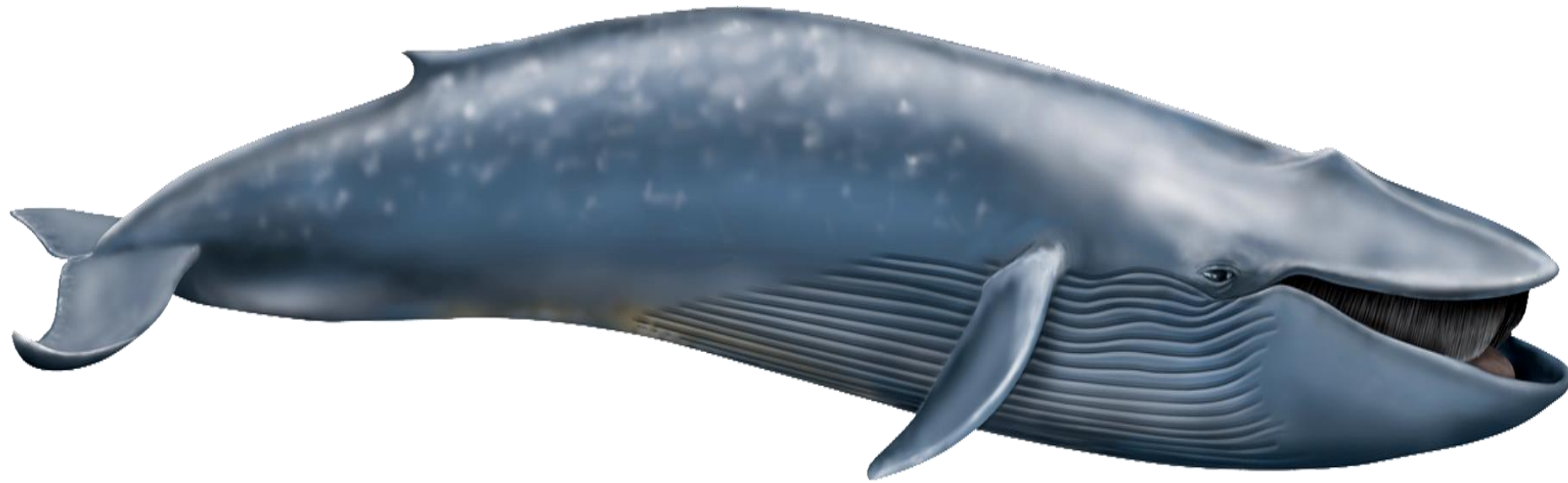
April 2026					
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	

May 2026					
Mon		4	11	18	25
Tue		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

June 2026					
Mon	1	8	15	22	29
Tue	2	9	16	23	30
Wed	3	10	17	24	
Thu	4	11	18	25	
Fri	5	12	19	26	

July 2026					
Mon		6	13	20	27
Tue		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

August 2026					
Mon	3	10	17	24	31
Tue	4	11	18	25	
Wed	5	12	19	26	
Thu	6	13	20	27	
Fri	7	14	21	28	



**NEWS FOR
OUR
CHILDREN
13TH SEPTEMBER 2004**

Swimming Lessons!

Wildlife photographer, Bertie Gregory, couldn't believe his eyes when he witnessed baby penguins making a giant leap from the top of an ice shelf into the ocean. The photographer expressed concern for the penguins as the jump was an enormous 15m drop, and the icy Antarctic sea below was full of floating chunks of ice. But he says, 'To my amazement, they were not just surviving but popping up and going, 'I can swim!' This is their first swim ever, the first swim of their lives.' Before Gregory captured his incredible images, researchers had been unsure



Pictured: Emperor penguin with its chick.
Source: Canva.

about how the chicks came down such steep slopes. This ritual of the penguin chicks taking their first plunge from the ice is called fledging. Emperor penguins are known to nest on sea ice. However, as ice shelves have become more fragile in the past 20 years, they have been forced to form colonies on the permanent ice shelves, which are much higher.

Hay Fever Returns

Runny nose? Itchy eyes? Can't stop sneezing? You may be struggling with hay fever. Not everyone has hay fever, but it is quite common with around 13 million people in the UK struggling with it. At this time of year, as temperatures rise and trees and flowers begin to bloom, more pollen is in the air. It is this pollen that causes hay fever as some people are allergic to it. There are, in fact, different types of pollen, such as grass pollen, tree pollen and weed pollen. The body works to protect itself by getting rid of pollen and this results in hay

fever symptoms, namely itchy eyes, a runny nose and lots of sneezing! Some ways to help manage these symptoms include wearing sunglasses to limit pollen getting into your eyes, closing windows at night and changing clothes after you have been outside.



Pictured: Boy sneezing. **Source:** Canva.

Can the past help us learn about modern life?



I think it just goes to show, we have more similarities than differences.

Eden, 6

Street Librarian's Success

Araba Maze is a street librarian and influencer who lives in Baltimore in the U.S. state of Maryland. She is combatting the book desert in her local area by becoming a street librarian and setting up a free book vending machine. A book desert is an area with limited or no access to appropriate books, with no libraries or bookshops in walking distance. Araba set up Storybook Maze after talking with children, who had joined her on her stoop at home to listen to the stories she was reading to her nieces. When she finished the last story, the children didn't want to leave, and this was when she discovered that they had no books at home! Araba then used her experience as a librarian to put together a collection of books to take to the children as a mobile library. She used her social media platforms to



Pictured: Street librarian Araba Maze.
Source: Storybook Maze Facebook page.

raise money to have a free book vending machine installed as well. Storybook Maze's next aim is to raise enough money to provide a Book Trolley – a colourful train with carriages full of books and places for people to read. 'This book haven on wheels aims to break down barriers and provide access to books that traditional libraries can't reach,' Maze writes about the new project. 'As the wheels of the Book Trolley turn, so do the pages of countless stories waiting to be discovered!'

Do you think this is a good way to make sure that everyone can access books? What else do you think could be done?

Blue Whale Comeback

For the first time in decades, many blue whales have been seen near Seychelles! Seychelles is an African country: a nation of 115 islands scattered across more than a million square kilometres of the Indian Ocean. Scientists from Florida International University (FIU) and University of Seychelles conducted two expeditions covering about 5,500km across the northern Seychelles. They reported a total five sightings, including groups of up to ten blue whales. Marine biologists say that the return of blue whales in eastern Africa, following intense whaling, offers hope of their number increasing. Jeremy Kiszka from FIU, who worked on the project, said, 'When blue whales were sighted, we approached them slowly to obtain details of their group size and behaviour. Photographs of both left and right sides of the dorsal region were taken to identify them. Because

colouration patterns are unique to each animal, we knew that at least five individuals were identified during this expedition. After sharing our pictures with other research groups working on blue whales in the Indian Ocean, no "match" was found. This means the whales we identified in Seychelles might have been photographed for the first time ever!'

Did you know that blue whales are the largest creatures on Earth? They can grow up to 30 metres in length! Do you know any facts about blue whales?



Pictured: Blue Whale.
Source: Florida International University @FIU X page.

Can the past help us learn about modern life?



I think we should use what we have learnt about people in the past to improve our lives now. We should look at things that they did right and do them that way again but not copy things that didn't work out so well. Trudie

Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



@HelpPicture

TAKEHOME

20th -
26th May



Is it fair to judge others based on first impressions?

In the news this week

An all-girls football team has won a league dominated by boys' teams, after going unbeaten for an entire season. The Queens Park Ladies U12s finished top of their table with eighteen wins in the group of eleven boys' teams. They were the only girls' team in the Bournemouth Youth Football League, playing in its third division for under-12s. The players, who train twice a week, have now proved themselves against the other teams.

Things to talk about at home ...

- > Share your thoughts on why you think some other teams pre-judged the Queens Park Ladies U12s.
- > Have you ever experienced a time when someone has made an assumption about you that has been wrong or unfair?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

www.picture-news.co.uk/discuss



Events and Sporting Activities



Supporting a Child with ADHD



Challenge the stereotypes and get practical help

Tuesday 24th Sept (7pm to 9pm) £24

Available to book now
facefamilyadvice.co.uk



SEP/OCT TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Supporting Kids with School Anxiety	26 SEP
Introduction to Facing Defiance	24 OCT
Understanding Anger	23 SEP
Supporting a Child with ADHD	24 SEP
Understanding the Teenage Brain	7 OCT
Raising Self-Esteem	8 OCT
Decreasing Depression	15 OCT
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Drug Awareness for Parents	22 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Understanding Addictive Behaviour	31 OCT
Improving Family Communication	4 NOV
Raising Self-Esteem	5 NOV



**Hardingstone,
Moulton, East Hunsbury
and Pineham**



**Award winning music class
for 0 - 5 year olds at Simon de Senlis
Primary School.**

**10am - 10.40am
Friday 13th September - 25th October**



**Book here:
<https://bit.ly/3rn9u>
MJ**

**Contact Lesley at lesley@musicbugs.co.uk
Mobile: 07811 771480**



AUTUMN ATHLETICS

COURSE

Rugby & Northampton Athletics Club are pleased to announce a new 4-week athletics course for young athletes in Northampton and surrounding areas. It runs from Saturday September 28th till Saturday 19th October

This course will give an introduction to the track and field events – running, jumping and throwing and is suitable for all – from total novices to more seasoned athletes – no experience required – just lots of energy. The emphasis will be on fitness, skills and fun with all sessions led by qualified club coaches.

When

Saturday mornings 10-15 -11-30

Where

The sessions will take place at the Moulton College athletics track

Who

The sessions are open to both club and non- club athletes NO EXPERIENCE NECESSARY

Costs

R&N members – free

Non-club athletes – £10 per 4 week block

Ages – MINIMUM AGE is Yr 3 at school (aged 7+) – MAXIMUM is Yr 9 at school

Places are limited and will be assigned on a first come, first served basis.

To register – please complete this google form

https://docs.google.com/forms/d/e/1FAIpQLSfILmuTPWQJeq-bH8kpAuUkm6QFyLE6dsbQAQBVB3fdXeRL_g/viewform

If you have any further questions about the course or the club, please contact us at:

contactus@rugbyandnorthamptonac.org



Share your support on socials!

#MoveForMentalHealth

10:30 AM
SUNDAY
27TH OCT



Wellbeing Walk

Join us in raising awareness and help fundraise for Northampton Saints Foundation who support people aged 4-104 who are affected with mental health issues, by taking part in our community walking event at Irchester Country Park.

Challenge yourself to a 5k or 10k walk or run to help raise funds for a fantastic cause, you can take part as an individual or a group to raise money for charity alongside family and friends. If you would like to sign up to our charity Wellbeing Walk, please email your interest to imogen.martin@northamptonstsaintsfoundation.org to register today!

ENTRY COSTS

Individuals **£5** (Aim to raise £50 sponsorship)

Groups **£10** (Aim to raise £100 sponsorship)*

*Maximum of 4 people, 2 Adults and 2 Children



@SaintsFdaton



@saintsfdaton



@SaintsFdaton

northamptonstsaintsfoundation.org



Register of charities number: 1176345

Have a great weekend

